



**UNIVERSITEIT  
GENT**

# IMPLEMENTATION OF ALIVIA

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# SETTING THE STAGE

## – ALIVIA



- A digital tool to promote Goal Oriented Care (GOC).
  - From "what matters with the client"
  - to "what matters to the client"

# GOC - JUST AN EXAMPLE

ASK: Where you able to pick up your grandchildren from school today?



# GOAL ORIENTED CARE - JUST AN EXAMPLE

ASK: Were you able to pick up your grandchildren from school today?



Instead of: How was your blood-pressure today?

# A POSITIVE APPROACH TO HEALTH

But:

It requires from the professional and the caregiver:

- a different attitude,
- different skills,
- another way of working together.

AND:

- the patient is in control
- the informal caregiver is an equal partner.



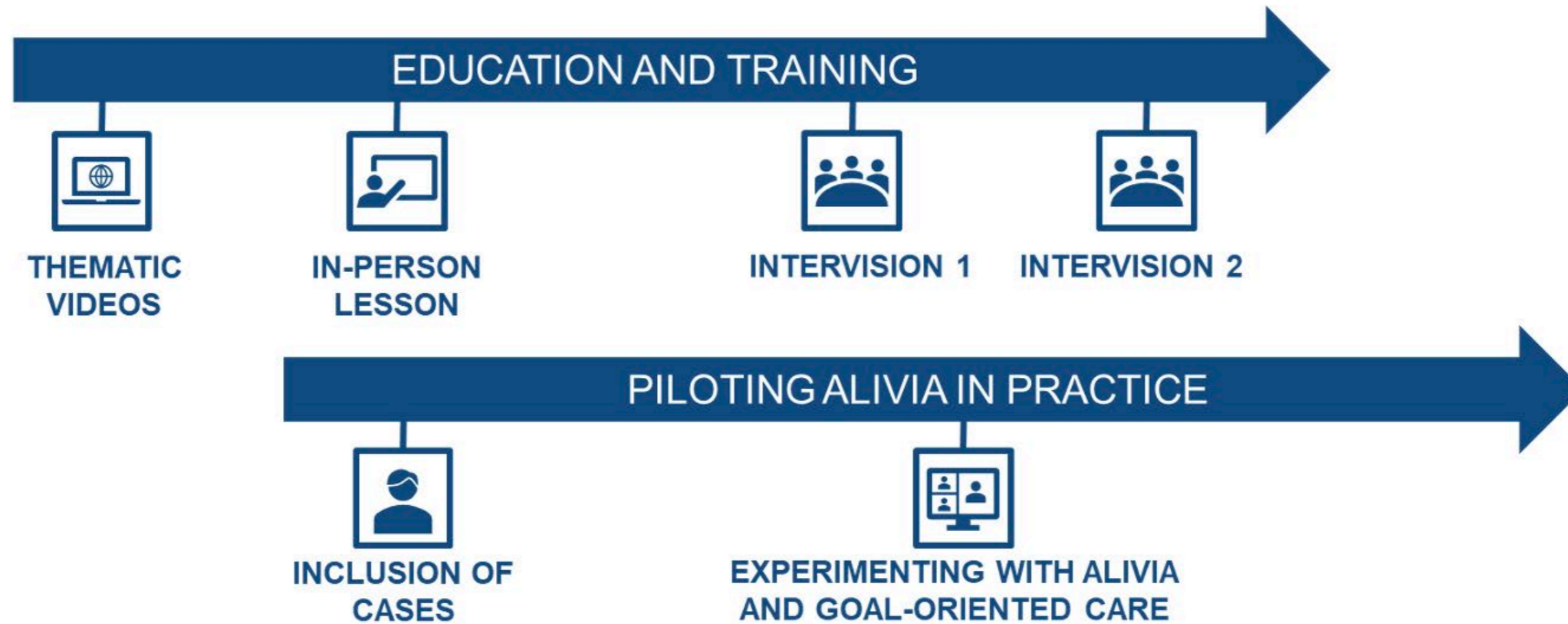
# WHAT DID WE DO

- Follow 2 pilot projects on using ALIVIA
- Observations and in-depth interviews of
  - patients and their team,
  - **while using the digital tool ALIVIA**
  - for care planning
    - setting life goals,
    - defining care goals,
    - coordinate the care in an interdisciplinary way,
    - ...
- Alivia is not yet implemented, another pilot will follow based on the experiences and implementation research.

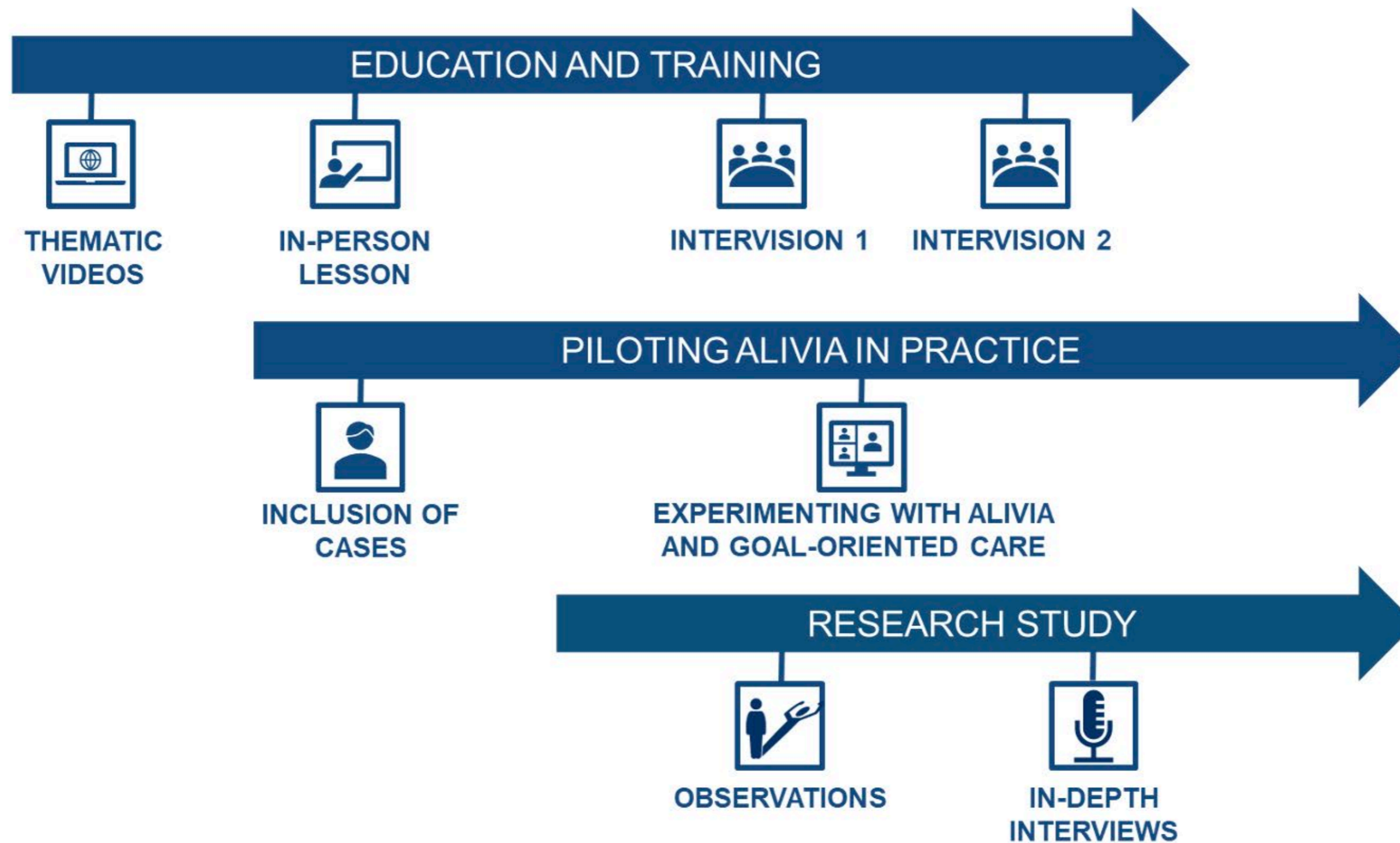
# WHAT DID WE DO?



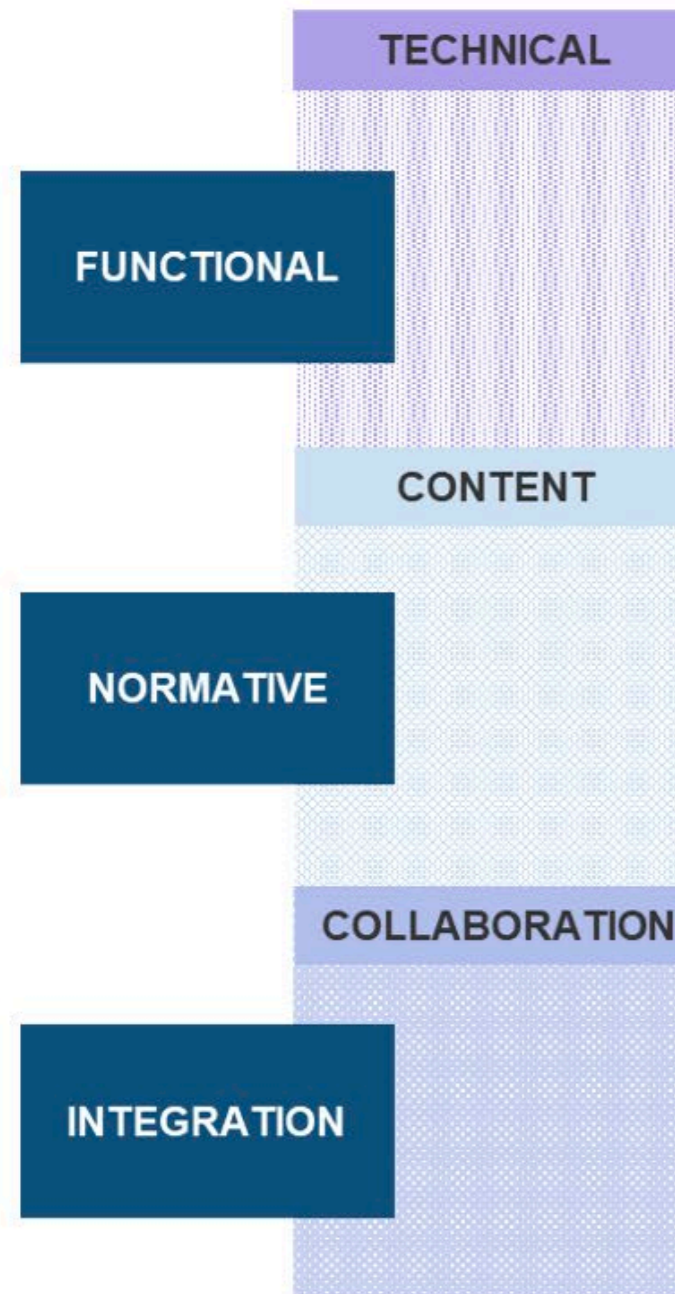
# WHAT DID WE DO?



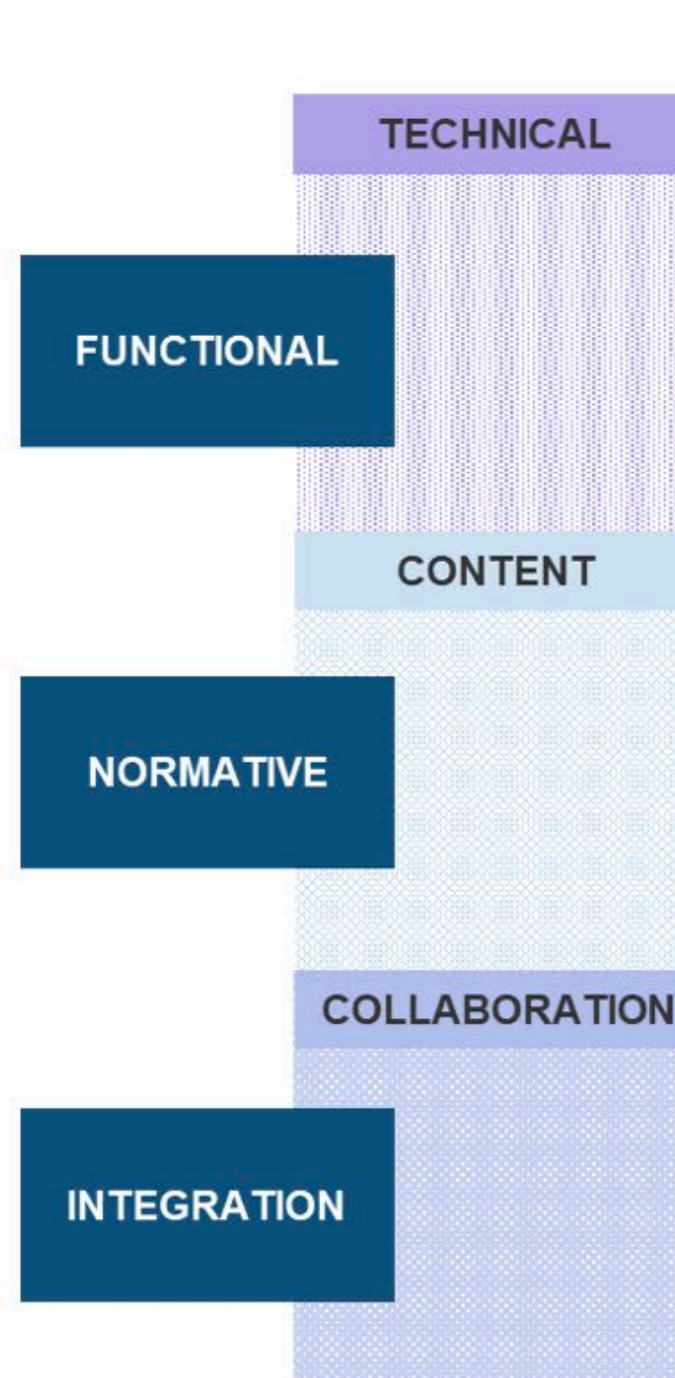
# WHAT DID WE DO?



# AND WHAT DID WE LEARN?



# AND WHAT DID WE LEARN?

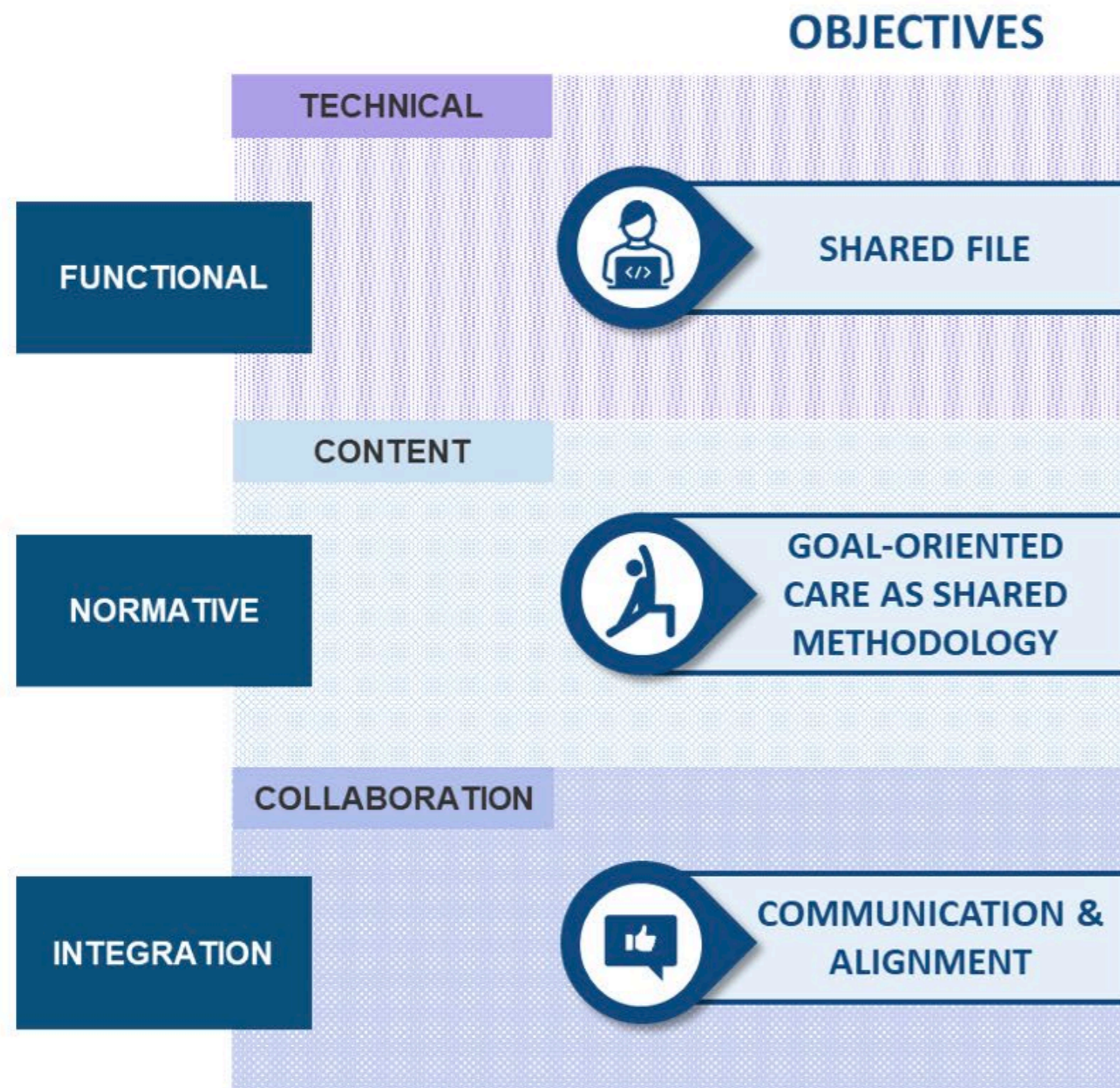


OBJECTIVES

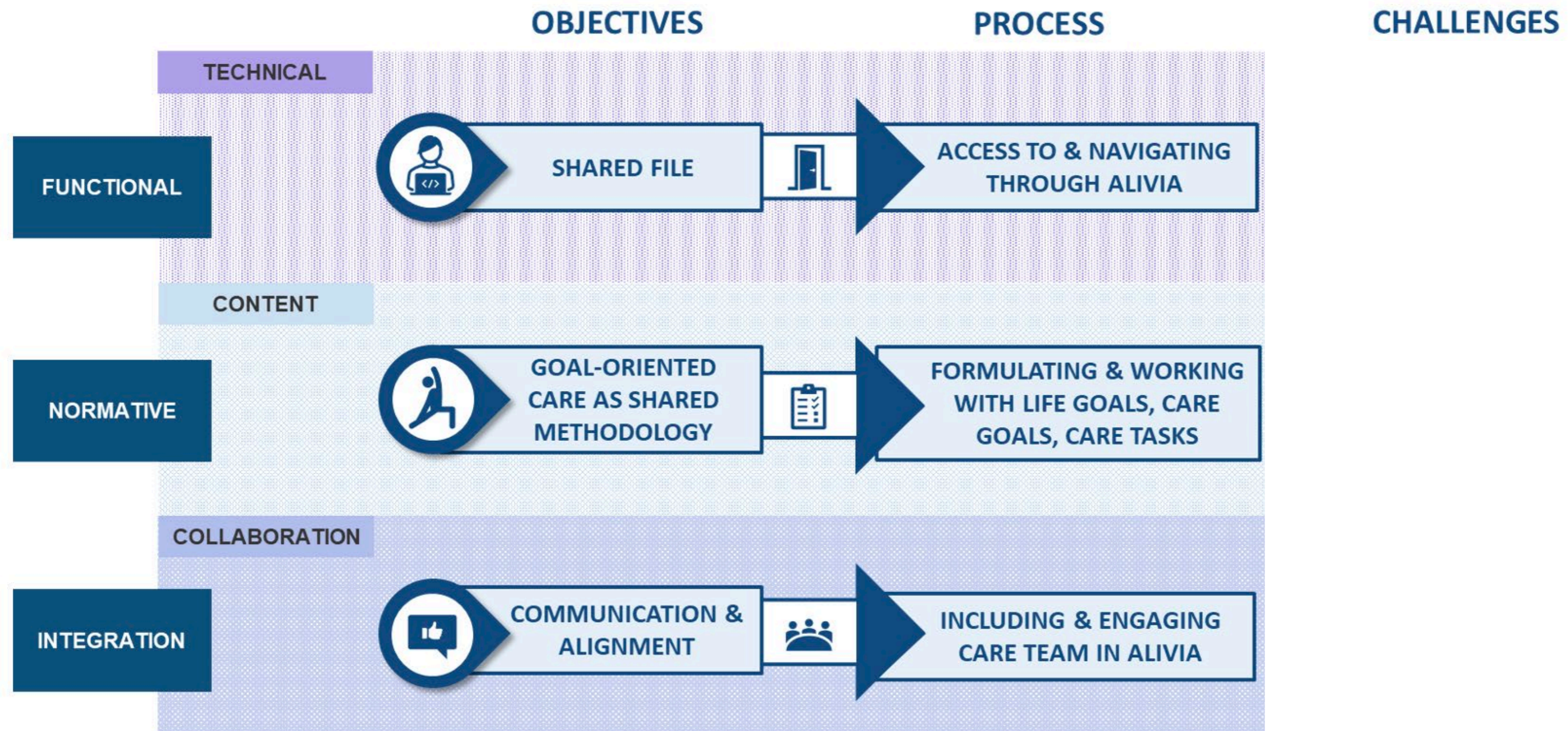
PROCESS

CHALLENGES

# AND WHAT DID WE LEARN?



# AND WHAT DID WE LEARN?

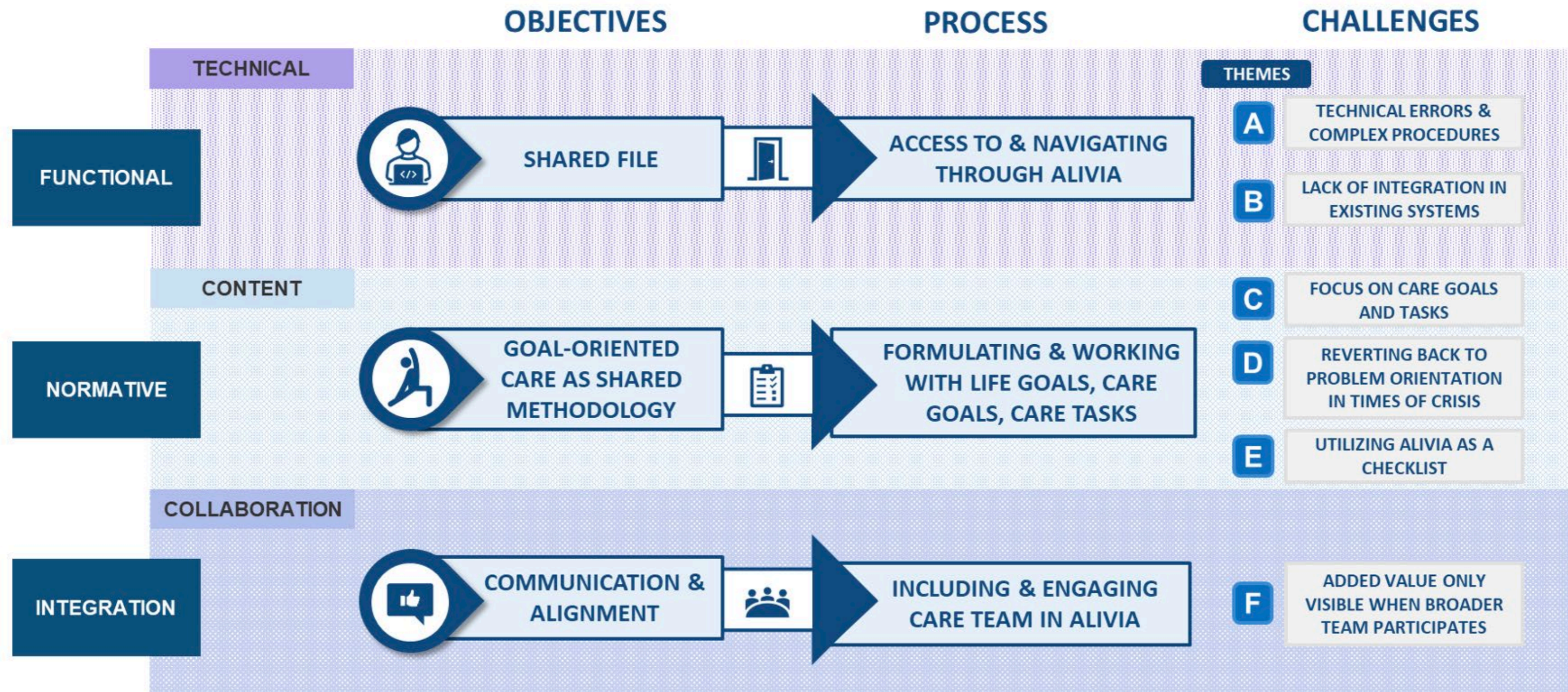


# RESULTS

**Participants recognize value in the idea and the potential of ALIVIA, as it answers to their needs of better alignment between different services and disciplines.** The focus on life goals and care goals is viewed as **a way to achieve more person-centered care.** The added value of ALIVIA was recognized on different areas

- **Sharing information**
  - **Promoting patient participation (and informal caregiver)**
  - **Mapping the needs and the wishes of the patient (and IC)**
  - ...

# AND WHAT DID WE LEARN?



# RESULTS

## Some issues to consider

- **Technical errors and complex procedures** to access the platform leads to demotivation and dropouts.
- **Integration of the platform in existing practices** and (digital) systems is needed to avoid a burden of registration.
- Despite training, **formulating life goals remains complex** and abstract. Care teams adhere to or easily revert to existing practices and approaches.
- **The digital tool and approach of goal-oriented care is quickly abandoned** when acute care is needed or crisis situations arise.
- There is a **pitfall of utilizing ALIVIA as a checklist**, instead of adopting a person-centered approach.
- The added value of ALIVIA is only viewed when **multiple members of a care team are actively participating in the platform**.

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